



OLPS **BACK-TO-SCHOOL** CHECKLIST

FOR STUDENTS

BEFORE SCHOOL STARTS

- ☐ **Uniforms:** ensure all uniform pieces are clean, fit well, and adhere to the school handbook
- ☐ **Supplies:** gather all school supplies as per the provided list and bring to School Supply Drop-off
- ☐ **Label Items:** label all personal items including clothing, supplies, bags, and lunchboxes
- ☐ **Backpack:** gather all school supplies as per the provided list and have it blessed at Blessing of the Backpacks
- ☐ **Summer Reading:** complete any assigned summer reading and prepare any related reports or assignments
- ☐ **Lunch Plan:** decide on packed lunch or school lunches; gather necessary lunch containers
- ☐ **Water Bottle:** ensure water bottles adhere to updated water bottle policy
- ☐ **Hair:** ensure that hair adheres to policy in color, cut, and style

FIRST WEEK OF SCHOOL

- ☐ **Schedule:** familiarize yourself with your class schedule
- ☐ **Books:** ensure you have all textbooks and workbooks covered as required
- ☐ **Plan:** create a plan that helps you track assignments and important dates
- ☐ **Introduce Yourself:** make an effort to introduce yourself to new classmates and teachers
- ☐ **Participation:** actively participate in class and school activities to start the year strong
- ☐ **Organization:** place papers and assignments where they belong to ensure completion and submission for credit



OLPS **BACK-TO-SCHOOL** CHECKLIST

FOR PARENTS

BEFORE SCHOOL STARTS

- ☐ **Handbook:** review the OLPS Student Handbook to ensure compliance for all school policies
- ☐ **Forms:** complete and submit all required school forms (emergency contacts, medical forms, etc.)
- ☐ **Medical Check-ups:** ensure your child has up-to-date vaccinations and a recent health check-up
- ☐ **Uniforms:** purchase and prepare school uniforms, including shoes and any specific accessories
- ☐ **School Supplies:** purchase all items on the school supply list
- ☐ **Transportation:** confirm transportation arrangements and ensure car line policies are followed
- ☐ **Lunch Plan:** Review the school lunch menu and set up any necessary lunch accounts or meal plans

FIRST WEEK OF SCHOOL

- ☐ **Introduce Yourself:** meet your child's teacher(s) and introduce yourself during Back-to-School Nights
- ☐ **Establish Routines:** set up morning and evening routines to help your child transition back to school
- ☐ **Emergency Plan:** review the emergency plan with your child (what to do in case of emergency, who to contact, etc.)
- ☐ **Stay Informed:** sign up for school FaceBook notifications, join the OLPS Parent Club, and check the school website and calendar frequently
- ☐ **Encourage Independence:** encourage your child to take responsibility for their belongings and schoolwork
- ☐ **Check-in:** regularly check in with your child about their school day and any concerns they may have

ONGOING THROUGHOUT THE SCHOOL YEAR

- ☐ **Monitor Progress:** keep track of your child's academic progress and communicate with teachers as needed
- ☐ **Faith Activities:** encourage participation in faith-based activities and discussions about Catholic values
- ☐ **Health and Wellbeing:** ensure your child gets enough sleep, maintains a balanced diet, and has time for physical activity
- ☐ **Encourage Productive Struggles:** allow students time to figure things out before jumping in to resolve. Productive struggles allow students to gain confidence and independence
- ☐ **Support Homework:** provide a quiet and comfortable space for your child to complete homework
- ☐ **Stay Involved:** attend school events, parent-teacher conferences, and volunteer when possible